

It's Good to Have a Plan

Be Remembered

How do you want to be remembered?

Make it easier for your loved ones by noting your wishes of how you would like your life to be honored and celebrated. Here, we've provided questions to consider when planning your after-life journey. Print and share this worksheet with your loved ones.

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Interment

Describe your disposition.

Share what you'd like to have happen with your body after you pass.

Interment Options

Cremation

Ashes kept, interred in , scattered - where?

Cemetery Burial

Have/Don't have plot

Cemetery Entombment

Have/Don't have mausoleum crypt

Donation to Medical Science

Other

Describe

A full-page background image showing a sunset over a body of water. The sun is a bright, glowing orb in the center of the frame, casting a long, shimmering reflection down the middle of the water. The sky is a mix of soft oranges, yellows, and pale blues. In the foreground, the water is dark and textured with numerous small, dark bubbles or ripples, some of which catch the light from the sun.

Funeral Services

How do you want to be memorialized?

Use this section to share how you want to be memorialized, including funerals, direct burial or cremation and services.

Funeral Services Options

Interment Only

Also known as 'direct cremation' or 'direct burial', these non-commemorative funerals are when the deceased is cremated, buried, or donated to medical science without any formal funeral ceremonies.

Traditional Funeral, Including:

One or more 'visitations' where the mourners gather, with the body present in an open or closed casket, to express condolences. A visitation or viewing could be private (immediate family) or public (family and friends).

Memorial Service

Memorial services commemorate the life of the deceased without the body present. They are usually held following burial or cremation, or if the body has not been recovered (e.g. lost at sea).

Graveside Service

These are commemorative services held at the cemetery, either in a chapel or beside the grave, immediately prior to burial.

Celebrations

**How do you want
to be celebrated?**

Eulogies, obituaries and celebrations of life –
share how you want to be celebrated.

Celebration Options

I want to have a celebration of life, wake or party instead of funeral

Yes

No

I know where I want to have my funeral or memorial event

Yes

No

Where?

I know who I would want to deliver the eulogy?

Yes

No

Ask him/her

Do you want to write your own obituary?

Yes

No

If not, who?

I want to choose the music at my funeral

Yes

No

List

Celebration Options Continued

I want people to wear whatever they want to my funeral or memorial event

Yes No

List

I want my funeral or memorial event to serve my favorite foods and drinks

Yes No

List

I want my favorite flowers at my funeral or memorial event

Yes No

List

I want to identify a charity “in lieu of flowers”

Yes No

List

I have an idea about what readings I may want at my funeral or memorial

Yes No

List

Celebration Options Continued

I have special needs for my ceremony? Military? Religious?

Yes No

List

There are traditions, rituals, or ceremonies that resonate with me for my funeral or memorial event

Yes No

List

I know who I'd want to invite to my funeral or memorial event

Yes No

List

I don't care at all about what my funeral will be like

Yes No

— Digital

Do you want a digital death?

Share what you want to happen to
your digital accounts.

Digital Options

I want to give my family access to my email accounts when I'm gone

Yes

No

When I am gone, I would want my Facebook profile to be deleted

Yes

No

I would want my Facebook page turned into a digital memorial

Yes

No

After I'm gone, I want my LinkedIn profile to be deleted

Yes

No

After I'm gone, I want my Twitter profile to be deleted

Yes

No

After I'm gone, I want my Instagram account to be deleted

Yes

No

After I'm gone, I want my Google account to be deleted

Yes

No

Any other social accounts or profiles to consider?

List

Great job.

You did it - congratulations!

When the time comes, you and your family will be ready. Store this document somewhere safe - either in digital form or printed out - and don't forget to share with your loved ones.